



*International
Society
for*
**EMOTION
FOCUSED
THERAPY**

**New Developments in Emotion-Focused
Therapy
A two-day Conference
10th – 11th of October 2015**

Dear EFT practitioner,

On behalf of the isEFT-board (Les Greenberg, Jeanne Watson, Rhonda Goldman and Robert Elliott) we are very pleased to invite you to the international

**isEFT conference on New Developments in EFT
on the 10th and 11th of October 2015!**

For the first time the isEFT-board and EFT-trainers from all over the world come together to present and discuss ongoing research projects and treatment developments in EFT.

This is a great opportunity and unique experience for you to participate!

On the next pages you will find a detailed outline of the program and more details how to register.

Program

New Developments in Emotion-Focused Therapy

Presentations and discussion on ongoing research projects and treatment development. Each panel will be 90 minutes in length. The general format for topics below will be brief presentations of the main points (about 5 mins, 1-2 slides), followed by a video, followed by discussion among presenters and then with the audience. Lead discussants listed below.

Saturday, 10 October: New Developments in EFT, Part 1

- 09:00-10:30 • Panel: EFT for Anxiety: Jeanne Watson (moderator), Robert Elliott, Ben Shahar, Laco Timulak, Les Greenberg
- 10:30-10:45 • *Break*
- 10:45-12:15 • Panel: EFT for Depression: Robert Elliott (moderator), Joao Salgado, Carla Cunha
- 12:15-13:30 • *Lunch*
- 13:30-15:00 • Panel: Case Formulation: Rhonda Goldman (moderator); Les Greenberg, Robert Elliott, Jeanne Watson, Laco Timulak
- 15:00-15:15 • *Break*
- 15:15-16:45 • Panel: New coding systems and their implications for practice: Les Greenberg (moderator), Lars Auszra, Imke Hermann, Jeanne Watson, Micaela Jimenez, Lynne Angus
- 16:45-17:15 • Plenary: Reflections on the Day: Rhonda Goldman, Robert Elliott, Les Greenberg, Jeanne Watson

Sunday, 11 October: New Developments in EFT, Part 2

- 09:00-10:30 • Panel: Narrative & Emotion: Les Greenberg (moderator), Jeanne Watson, Robert Elliott, Lynne Angus, Rhonda Goldman
- 10:30-10:45 • *Break*
- 10:45-12:15 • Panel: EFT for Couples/Families: Rhonda Goldman (moderator), Les Greenberg, Serine Warwar, Catalina Woldarsky, Joanne Dolhanty
- 12:15-13:30 • *Lunch*
- 13:30-15:00 • Panel: Recent EFT Task Analyses: Rhonda Goldman (moderator), Les Greenberg, Jason Sharbanee, Serine Warwar: Shame, Anger, Anxious Insecurity, Vulnerability, Self-Soothing
- 15:00-15:15 • *Break*
- 15:15-16:15 • Panel: Applications of EFT (10 min each): Robert Elliott (Moderator), Eunice Silva & Susana Almeida (Cancer), Anna Robinson (Asperger's), Melissa Harte (Focusing); Nia Pryde (Sex Therapy), Les Greenberg (Supervision & Leadership)
- 16:15-17:15 • Closing Plenary. Jeanne Watson, Rhonda Goldman, Robert Elliott, Les Greenberg

Registration and accommodation

To attend this conference you will only pay € 250,--* by advanced registration before 1 Sept 2015. When registering after 1 Sept 2015, we will ask an amount of € 300,-- *.

1. To register to the conference follow this link:
<https://www.apanta-ggz.nl/index.php?id=814>
2. The conference will be held at the Hotel&Conference Center NH Koningshof in Veldhoven the Netherlands. NH Koningshof is situated in Veldhoven. It can be easily reached by flying to Amsterdam Schiphol airport. The train station is situated within the airport and there are trains every 30 minutes to Eindhoven, the nearest bigger town. The train journey from Amsterdam lasts 1 hour and 15 minutes. From Eindhoven, it is a 20 minute taxi drive to Veldhoven or a 25 minute drive with public transport (bus). The hotel has two restaurants and the town of Veldhoven itself has several restaurants in the Centre. There is a bus that runs from the hotel to the town Centre.

Book your overnight accommodation using this link:

http://www.nh-hotels.nl/events/nl/evenement-details/23050/apanta_ggz.html

We hope you will be able to attend this unique event. If you know of someone with prior knowledge of EFT who would benefit from taking part, please feel free to provide them with this invitation. We are looking forward to welcome you at the international isEFT conference on the 10th and 11th of October!

Kind regards,

Apanta-Academy, EFT-training Institute www.apanta-academy.nl

Organising committee

Juliette Becking, CEO Apanta-Group, Clinical psychologist/psychotherapist

Marianne Cairns-Baselmans and Brigitte Pelt - Administrators

Veldhoven

The Netherlands